

















# Weekly Menu

Week 3 Term 1

	<b>Monday</b> 9/5/22	<b>Tuesday</b> 10/5/22	<b>Wednesday</b> 11/5/22	<b>Thursday</b> 12/5/22	<b>Friday</b> 13/5/22
<b>Breakfast</b>	Hot Milo 	French Toast with Berries 	Avocado on Toast 	Breakfast Burritos 	Banana Bread 
	Toast, cereal, milk and fresh fruit are available for breakfast every morning.				
<b>Afternoon Tea</b>	Pizza Scrolls Puff pastry filled with chicken and Pizza toppings. <i>Vegetarian option available</i> 	Rogan Josh Lamb and vegetables in a mild rogan josh curry served with rice. <i>Vegetarian option available</i> 	Tuna Pasta Bake Tuna in pasta in a creamy sauce with vegetables <i>Vegetarian option available</i> 	Stroganoff Lamb and vegetables in a housemade cream broth sauce served with pasta <i>Vegetarian option available</i> 	Chicken and Avocado Sandwiches House cooked chicken breast, avocado and cheese sandwiches <i>Vegetarian option available</i> 
Fresh seasonal fruit is served everyday with afternoon tea. Fruit is also offered as a snack at 4.30pm and 5.30pm. Water is always available.					

 Fruit and/or vegetables    
  Wholegrains & cereals    
  Dairy    
  Protein